

Rehabilitation after Rotator Cuff Surgery in Spinal Cord Injury: Exploring Consumer Experiences

ABSTRACT

Shoulder pain is a common secondary condition occurring in 30-71% of individuals with spinal cord injury (SCI) (Ballinger, Rintala, Hart, 2000; Bayley, Cochran, Sledge, 1987; Dyson-Hudson, 2004). Rotator cuff tear (RCT) is a particularly debilitating cause of shoulder pain for persons with SCI who require the use of their shoulders for many daily activities and mobility, and can be a critical factor in dependent versus independent existence (Goldstein, Young, Escobedo, 1997). Despite the known prevalence of shoulder pathology after SCI, there have been relatively few studies specifically focusing on post-operative rehabilitation of RCTs.

REFERENCES

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