

Adaptive Exercise Information



Adaptive Exercise Equipment

Adaptive Fitness & Therapy Equipment

www.usatechguide.org/techguide.php?vmode=1&catid=41

Adaptive products for independent living and recreation. Offering a wide range of products from fishing aids to crochet aids, exercise equipment to rehabilitation equipment, wheelchairs to wheelchair ramps and hundreds of other adapted recreational and daily living aids.

Adaptive Sports Equipment

www.spokesnmotion.com/

Our mission is to provide adaptive sports and outdoor equipment for the disabled adults and children.

Adaptive Sports and Recreational Activities

http://www.vcu.edu/partnership/C-SAL/downloadables/PDF/Adaptive_Sports_and_Recreational_Activities.pdf

Information and guidelines for a wide variety of adaptive sports and recreational activities.

Home Exercise Machines

www.infinitec.org/play/sports/homeexercise.htm

Access to Recreation offers equipment for all types of adaptive sports, including exercise equipment for home use

Sports, Recreation & Fitness

<http://www.spinalcord.org/resource-center/askus/index.php?pg=kb.printer.friendly&id=1>

General information about adaptive sports and recreation as well as resources available for people with disabilities.

Challenged Athletes Foundation

www.challengedathletes.org

The mission of the Challenged Athletes Foundation® (CAF) to provide opportunities and support to people with physical disabilities so they can pursue active lifestyles through physical fitness and competitive athletics.

Disability Sports Sites

<http://www.achillestrackclub.org> Achilles Track Club is a worldwide organization that encourages people with all kinds of disabilities to participate in running with the general public.

<http://www.adaptiveadventures.org> Adaptive Adventures offers links and information on handcycles, sports wheelchairs, adaptive bikes, water-skis, outriggers, sled hockey, and a range of other products.

www.awloutdoors.com Adventures Without Limits, located near Portland Oregon, offers outdoor recreation programs for people with and without disabilities. Activities include rock-climbing, canoeing, skiing, sea kayaking, hiking, rafting, and snowshoeing.

www.dsusa.org/index.html Disabled Sports USA is a national nonprofit organization established by disabled Vietnam veterans to serve the war injured. DS/USA offers nationwide sports rehabilitation programs to anyone with a permanent physical disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. A network of nationwide chapter's in every region provides a variety of recreation programs. Each chapter sets its own agenda and activities.

www.blazesports.org Formerly the National Disability Sports Alliance; BlazeSports is a nonprofit organization that advances the lives of youth and adults with physical disability through sport and healthy lifestyles. It provides sports training, competitions, summer camps and other sports and recreational opportunities for youth and adults with spinal cord injury, spina bifida, cerebral palsy, traumatic brain injury, muscular dystrophy, amputation, visual impairment or blindness as well as other physical disabilities.

www.nscd.org National Sports Center for the Disabled provides therapeutic recreation and competitive opportunities for children and adults with disabilities. Activities include skiing, horseback riding, camping, rock climbing, sailing, plus education and outreach programs.

www.nwba.org National Wheelchair Basketball Association NWBA is wheelchair basketball at its best. This site offers all the news and scores as well as information on the past and present and what the future holds for wheelchair basketball.

www.pva.org Paralyzed Veterans of America PVA Sports and Recreation Program promotes a range of activities for members and other people with disabilities, with special emphasis on activities that enhance lifetime health and fitness.

<http://www.usarc.org> United States Adaptive Recreation Center; The USARC is a model program in adaptive outdoor recreation, and USARC personnel have served in training programs throughout the United States and the world; site has links to resources and events nationwide.

www.usparalympics.org Site for the United States Paralympic team; news and links to events, athletes, and programs.

<http://www.dmoz.org/Sports/Disabled/Wheelchair/> Wheelchair sports resources are listed here; this page collects information related to wheelchair sports in one place.



RRTC on Secondary Conditions in the Rehabilitation
of Individuals with Spinal Cord Injury



MedStar National
Rehabilitation Network

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